Psychology review

Gender bias

Alpha — Overestimates gender differences

Beta — Ignores/underestimates gender differences

Androcentrism — Normal = male

Examples

Alpha bias — Freud's psychoanalytic theory Beta bias — Asch conformity research on males only



ssues

Debates

Nature vs nurture

Nature - Inborn but not necessarily present at birth

Nurture — Experience, learning

Interactionist — Virtually everything is a combination of nature and nurture

Examples

Abnormality – Nature (genes) + nurture (early life experiences)

Free will vs determinism

Hard determinism — There is no free will

Soft determinism — Within certain
constraints on our choices we have free will

Free will — We have conscious control over

Free will — We have conscious control over our choices

Examples

Biological determinism, e.g. genetic influence on abnormal behaviour

Environmental determinism, e.g. reinforcement

Psychic determinism, e.g. unconscious thoughts

Free will, e.g. personal responsibility



Cultural bias

Ethnocentrism — Assume our own cultural perspectives are universal

Cultural relativism — Norms and values are only meaningful when considered in cultural context

Examples

Ethnocentric — Research method designed in one culture and used in others, e.g. Strange Situation

Cultural relativism —
Defining mental disorders
requires reference to local
social norms



Issues and debates in psychology

Reductionism vs holism

Reductionism — Explanations at a lower level

Holism — Studying the whole system

Examples

Biological reductionism, e.g. role of neurotransmitters in depression

Environmental reductionism, e.g. stimulus-response explanation of phobias

Holism, e.g. humanistic therapy



Issues and debates

Understanding of the issues and debates can be used as part of your evaluation in any exam answer — but you must clearly relate it to the context/question

Ethics

Socially sensitive research — When there are potential consequences for participants/groups in the research

Examples

Research that strengthens stereotypes, e.g. research showing gender differences

Research that suggests something unpleasant about human nature, e.g. Milgram's obedience research



Idiographic vs nomothetic

Idiographic — Studying the unique individual

Nomothetic — Creating general laws about behaviour

Examples

Idiographic, e.g. emphasis on human uniqueness in humanistic approach

Nomothetic, e.g. standardised tests, universal explanations (behaviourist, psychodynamic, biological approaches)



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